

The WithHealth® Patient Story

Introductory emails, doctors' visits, actionable plans, logistical questions. From the very first moment a patient engages with our team, WithHealth is committed to making their experience positive, personal and proactive.

Sam Finds Some Comfort

Sam has been challenged lately. He's 36 years old and in a physically demanding job that has taken its toll on him physically. He's on some medication to help him manage his physical symptoms, and wants to continue to work and be active, but for the longest time he just hasn't felt like the medication is doing its job. Both he and his doctors are hesitant to up his dosage, so he's been powering through, trying to ignore the pain that creeps into his afternoons and evenings.



The WithHealth physician prescribes a new medication that fits Sam's metabolic profile. Sam fills it at his pharmacy of choice and is happy to find that there is a WithHealth Network discount. The new medication effectively manages his pain without increased dosage, allowing him to not only work more effectively, but to have a far better quality of life - which benefits his health overall.

WithHealth personalized Sam's genetic-based care plan precisely for him, making Sam's genomics actionable.

After becoming a WithHealth Precision Care patient, Sam sits down for his initial physician visit and is given a host of information about his health - some of which he knew, some of which he suspected, and some of which he finds revelatory. One of the revelations comes from the analysis of a CYP2D6 gene as part of his preventative genetics test. The CYP2D6 gene is responsible for breaking down many medicines that are commonly used. The WithHealth physician shares a finding that Sam metabolizes his current medication very quickly - much more quickly than most patients. This explains why he starts to feel pain in the afternoons and evenings!