

# The WithHealth® Patient Story

Introductory emails, doctors' visits, actionable plans, logistical questions. From the very first moment a patient engages with our team, WithHealth is committed to making their experience positive, personal and proactive.

## George's DNA Test is a Lifesaver

George is only 29 years old, and while he doesn't always eat as well as he knows he should, he considers himself to be of average health. He isn't experiencing any symptoms, has no serious health concerns, and hasn't been particularly proactive about seeing a doctor on a regular basis - after all, he is young and fairly healthy, right?

George's employer offers the WithHealth Precision Care program to its employees and George, feeling like it can't hurt, takes advantage of the opportunity. As part of the Precision Care offering, George completes a preventative genetic test. When the results come back, his WithHealth physician shares something truly troubling. George has Familial Hypercholesterolemia - a disorder that is passed down through families and causes his LDL ("bad" cholesterol) to be very high. His labs show severely elevated LDL and triglycerides. George is at a high risk for a severe cardiovascular event.



The WithHealth team immediately schedules a series of tele cardiology and endocrinologist visits for George, which he is able to join from a breakout room at his office without ever leaving work. By following his WithHealth action plan with the support of a WithHealth physician, George reduces his LDL levels and improves his overall health. The telehealth visits save him time

and trouble, he avoids the high cost of unexpected doctor's visits and of a major cardiovascular event and subsequent hospitalization, emergency surgery and post-op care.

**Most importantly, George now has a full vision of his own health which will give him the best chance at living a long, healthy life.**