

The WithHealth® Patient Story

Introductory emails, doctors' visits, actionable plans, logistical questions. From the very first moment a patient engages with our team, WithHealth is committed to making their experience positive, personal and proactive.

Beverly Finds Answers

Beverly signed up for WithHealth almost entirely because of the DNA test that comes in each patient's WithHealth Precision Care Kit, and the promise of working through the findings with a WithHealth physician. She has been to see so many doctors over the years – so many miles on the car, so many hours in waiting rooms, so many times having to fill one doctor in on the findings of another. And, of course, so much out of pocket expense.



One thing Beverly has never done, however, is had a comprehensive genetic work up. She's also never participated in telehealth services which, so far, are proving to be a huge blessing – saving her time, allowing for immediate responses to questions, and allowing her to seek medical care from the comfort of her home. She is excited, and a little scared, to find out if any of the health issues she's been dealing with have a base in her genetic make-up. She also wants to pass any information she finds along to her own, adult children before they have children of their own. Maybe she can be proactive in ensuring that her children and grandchildren don't experience some of the difficulties she's had over the years.

The findings are remarkably telling. Beverly is at **high risk for Coronary Artery Disease and Hypertension**. She also is at **mild risk for Grave's Disease and Depression**. With these discoveries in mind, Beverly is able to meet with her WithHealth physician and Genetic Counselor to discuss active ways to screen for and manage the Artery Disease and Hypertension risks. She also discovers that

her response to certain drugs may be hindering, rather than helping her progress. She is able to work with her WithHealth care team to determine what changes need to be made with her medications for optimum quality of life.

Most importantly, she is able to let her children know what she has discovered. She is hopeful that her own life will be vastly improved by the immediate and active care of her WithHealth medical team, but is most excited that her children now have information that will help them, and their own children, live a healthier life.